

ERING WORKPLACE MENTAL



THIS CAN

HAPPEN.

ASIA • EUROPE
NORTH AMERICA



FRIENDS PROGRAMME

EMPOWERING WORKPLACE MENTAL HEALTH

This Can Happen Four Pillars

This Can Happen is an invaluable resource for companies of all sizes across the globe to support them in their workplace mental health journey – together we can empower workplace mental health.

We offer a 12 month rolling programme of benefits and services to complement the work you are doing to ensure positive mental health for all your employees, no matter where they are based.

- Annual Conference
- Awards
- Webinars
- Roundtables
- Curated in-house events

- Monthly catch-up Roundtable
- Friends Hub
- 1:1 connections

Events

Research & Insight

- Consultancy
- Independent data analysis
- Measurement
- Benchmarking

Peer-to-Peer Support

Speakers, Experts & Storytelling

- Topics experts
- Webinar speakers
- Personal storytellers

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Our programmes fall into six different packages

	Package 1	Package 2	Package 3	Package 4	Package 5	Package 6
COST	£1,750	£2,750	£5,950	£9,950	£11,950	£15,000
Conference tickets (virtual event)	3	3	9	21	23	30
Webinars - part of plan (for all friends)	2	2	4	4	4	4
Bespoke webinars (just for your company)*				1	1	2
Award Entries		2	2	3	3	3
How to worksheets - 10 in total	all	all	all	all	all	all
Friends Hub Access			yes	yes	yes	yes
Consultancy	1 hour	1 hour	3 hours	5 hours	5 hours	5 hours
Roundtables		1	4	4	4	4
Discount for additional conference tickets			15%	15%	15%	15%
The Retreat - Ticket - Senior Mental health leaders only					1	2
MHFA/Wellbeing ambassadors - quarterly - skills development training						1
Access to results from TCH Index insights					yes	yes
Evening webinars to support families - carers of those with mental health				yes	yes	yes

* additional cost if you want to have the session in house instead

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Friends programme for 2022

ROUNDTABLES FOR MENTAL HEALTH LEADS

- Mental Health & Grief
- Racial Trauma & Mental Health
- Neurodiversity
- Mental Health & a young workforce



WEBINARS FOR EMPLOYEES

- Your new years resolution – positivity in mental & physical health
- Domestic Abuse – Supporting & understanding colleagues
- Money & Mental Health
- Men & Mental Health
- Supporting the carers of those with mental health



EVENING WEBINARS FOR PARENTS – PACKAGE 4/5/6 ONLY

- Eating disorders & the impact on children’s mental health
- Parental burnout
- Mental health & Primary school children
- Mental health & Secondary school children

