

THIS CAN **HAPPEN.**
Index



EMPLOYEE

**ALIGNING MENTAL HEALTH
UNDERSTANDING**

EMPLOYER

MEASURING & BENCHMARKING WORKPLACE MENTAL HEALTH

What is The Index and how can it help you?



Understands the
relationship between
management
perception and
employee's mental
health reality



Measures the
impact of your
mental health
interventions



Global and local
benchmark
of workplace
mental health

Why should your company participate?

- Fully project managed
- Minimum resource and time needed
- Attract and retain talent
- Benchmark – internally & externally
- Organisational ranking
- Accreditation
- Tender return statistics to support new business
- Sustainability return data
- ROI impact on mental health of the organisation
- Understand mental health absence rates
- Low cost
- Trusted brands and partners involved
- Fully GDPR compliant
- Speed of set up

The Index is run annually in two waves



JANUARY-JULY



AUGUST-DECEMBER

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TRUSTED PARTNERS IN MENTAL WELLBEING

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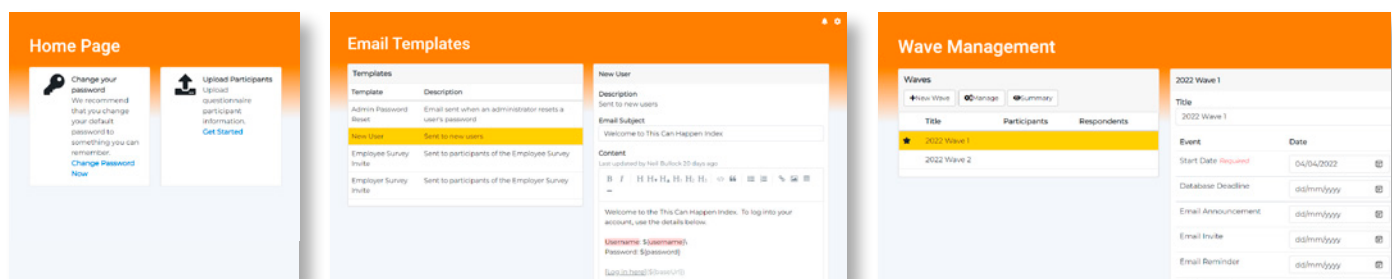
Online questionnaire
with reporting via a
dedicated portal

Our partners

Measuring workplace mental health can not be done alone. It requires many organisations joining together to ensure consistent results.

Some of the key findings to date

- Recognition of pressure at work was one of the lowest scoring areas amongst employees
- Employers are consistently under-recognising the amount of pressure their employees are feeling
- Both employers and employees recognise that employees don't feel confident enough to learn from mistakes for personal growth
- Employees believe their workplace is committed to supporting their mental wellbeing whilst the employer feels they need to do more
- The challenge is that even though there is a perceived openness to talking about mental health that there is a need for a call to action to put the listening into action



Please get in touch to find out more and for a no obligatory discussion on why, and how, you can easily get involved – kathryn@thiscanhappenglobal.com

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