

2022 US Conference Agenda

Monday 7th November

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| 1200 EST | <p>Building and structuring a mentally healthy workforce</p> <p>This will be the foundational session of our North American conference, sharing learnings about how businesses can get started on their mental wellbeing journeys and build a solid structure for success.</p> <p>FACILITATOR: Janna Bilski, Investments Division, Ford Foundation</p> <div><p>Janna Bilski Investments Division, Ford Foundation</p></div> <div><p>Marina Ribeiro Senior Health and Wellbeing Manager LATAM, Mars</p></div> <div><p>Wilson Ray Senior Director, Retail Sales Operations, Kellogg</p></div> <div><p>Barbara J. Zabawa Attorney/President, Center for Health and Wellness Law, LLC</p></div> <div><p>Dr Sam Dolezal Wellbeing Officer, Union Bank & Trust</p></div> |
| 1300 EST | Break |
| 1400 EST | <p>How workplaces can offer psychological safety in a turbulent world</p> <p>In this discussion, we will understand how – when the outside world is so turbulent – businesses can provide a place of psychological safety to their employees, and understanding the remit of their responsibility.</p> <p>FACILITATOR: Gian Power, Founder & CEO, TLC Lions</p> <div><p>Gian Power Founder & CEO, TLC Lions</p></div> <div><p>Olga Morett Productivity Coach</p></div> <div><p>Mathew Shannon Sr. Diversity Programs Manager, Medtronic</p></div> <div><p>Arti Kashyap-Aynsley Global Head of Wellbeing & Inclusion, Ocado Group</p></div> <div><p>Noa Dagan Senior Manager of Global Mind Matters, McKinsey & Company</p></div> |
| 1500 EST | <p>The connection between financial and mental wellbeing</p> <p>To be confirmed.</p> |

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1200 EST

Understanding mental wellbeing in the LGBTQ+ community

Hearing from a range of diverse voices across the community, this panel will highlight how the mental wellbeing needs of LGBTQ+ employees might differ, and how companies can work to support them.

FACILITATOR: Emily Hamilton, VP Strategic Change, RS Components



Emily Hamilton
VP Strategic Change,
RS Components



Miki Demeter
Security Researcher /
Community Manager, Intel



Graham Smith
Managing Director,
VMLY&R



Suresh Raj
Global Chief Growth
Officer, Virtue Worldwide
(VICE Media Group)



**Honorable Shannon
Frison**
Justice of the Superior
Court



Erik Day
Senior Vice President &
General Manager, Global
Small Business,
Dell Technologies

1300 EST

Break

1400 EST

Opening up conversations about suicide at work

This discussion aims to show companies how to open up conversations about suicide at work, both in terms of suicide prevention within the workplace, and also supporting the mental wellbeing of employees who might have experienced the suicide of a loved one.

FACILITATOR: G. Luca Oake, Strategic Advisor and Coach, Empowered Engineers



G. Luca Oake
Strategic Advisor
and Coach,
Empowered Engineers



Brion Pinkerton
Suicide Prevention Program
Manager, US Army Reserve



Gavin Alexander
Wellness Director,
Jackson Lewis P.C.



Debbie Schwartz
Financial Planning & Analysis
Manager, Marsh McLennan
Agency (MMA)



Kristina Ewing
Director of Health and Wellbeing,
Andersen Construction

1500 EST

Neurodiversity and mental wellbeing: creating an environment to flourish

Here we will spotlight the connection between neurodiversity and mental wellbeing at work, demonstrating how businesses can understand the specific mental wellbeing challenges of neurodiverse employees and create a workplace that is empathetic and supportive towards them.

FACILITATOR: Laura Wallis, Neurodiversity & Community Inclusion Expert



Laura Wallis
Neurodiversity & Community
Inclusion Expert



Marisela Ginestra
Designer and Mental Health
Advocate



Dan Lawrence
US National Sector Executive for
Healthcare and Life Sciences,
KPMG



Weslie Ricks
Technical Sourcer,
Meta



Morénike Giwa Onaiwu
Global Advocate and Educator

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Wednesday 9th November

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1200 EST

Supporting workplace mental wellbeing in marginalised communities

This panel will highlight the specific mental wellbeing needs and challenges of employees from marginalised communities, highlighting how businesses can understand, empathise and provide tangible support to these members of staff.

FACILITATOR: Dr. Christine Yu Moutier, Chief Medical Officer, American Foundation for Suicide Prevention



Dr. Christine Yu Moutier
Chief Medical Officer,
American Foundation for
Suicide Prevention



Dr Stephanie Palacios
Co-founder, COO, Chief of
Science. Mental Wellness
Consultant & Corporate Trainer.
Mindfulness Teacher. Bonda

1300 EST

Break

1400 EST

Recognising and preventing burnout

Burnout is everywhere and it's on the rise; McKinsey Health Institute Employee Mental Health and Wellbeing data shows that despite nearly all HR leaders prioritizing mental health and wellbeing for their organizations, about 1 in 4 respondents reported experiencing burnout at their current job. In this discussion, we will highlight how to spot the warning signs of employee burnout and take action before reaching crunch point.



Erica Coe
Partner,
McKinsey Health Institute



Jaspreet Gill
Senior Sales Executive,
Microsoft Canada



Dr Jeff Gardere
Clinical Psychologist



Rhonda V. Magee
Professor of Law, Mindfulness
Teacher, and Leading Antiracist/
Social Justice and Equity,
University of San Francisco



Claire Baker
Founder and Managing
Director, HR FOR HR

1500 EST

Exploring the impact of life transitions on workplace mental wellbeing

Our mental wellbeing changes and evolves over the course of our lifetime as we reach different milestones, and this impacts us in the workplace too. During this panel, we'll spotlight a variety of speakers talking about how their mental wellbeing has changed throughout different life transitions, and how workplaces can offer support to staff with this in mind.

FACILITATOR: Amy Johnston, Director of Education/Therapist, Urban Wellness



Amy Johnston
Director of Education/Therapist,
Urban Wellness



Brandon Bond
Student



Emma Payne
CEO, Grief Coach



Jim Lawrence
Partner, Bryan Cave Leighton
Paisner LLP



Vanessa Walker
Author, Speaker, Patient
Advocate, Consultant and
Adversity Coach













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Thursday 10th November

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| 1200 EST | <p>Spotlighting severe mental ill health at work</p> <p>Mental wellbeing has risen high on the agenda for many businesses across North America, but severe and/or diagnosed mental wellbeing issues often remain unspoken about. This session aims to break that taboo, spotlighting a range of employees with severe mental ill health, and understanding how it impacts them at work.</p> <p>FACILITATOR: Wendy Tamis Robbins, Senior Counsel, Holland & Knight LLP</p> <div><p>Wendy Tamis Robbins Senior Counsel, Holland & Knight LLP</p></div> <div><p>Ken Walsh Sr. Advanced Analytics Program Manager, Medtronic</p></div> <div><p>Dorothy Bryant Reed Vice President, Property & Casualty, USI Insurance Services</p></div> <div><p>Michael Kasdan Founder and Chief Enthusiasm Officer, Lawyering While Human</p></div> <div><p>Brother Luck Chef, Entrepreneur and Advocate</p></div> |
| 1300 EST | Break |
| 1400 EST | <p>Understanding and overcoming the challenges when developing a robust mental wellbeing strategy</p> <p>This strategy-focused session will share learnings about how to embed a robust mental wellbeing strategy within your organisation, seamlessly overcoming any hurdles and obstacles, including how to work hand-in-hand with your legal department.</p> <p>FACILITATOR: Mariette Clardy-Davis, Attorney and Mental Wellness Advocate, M.L. Clardy Law, LLC</p> <div><p>Mariette Clardy-Davis Attorney and Mental Wellness Advocate, M.L. Clardy Law, LLC</p></div> <div><p>Monique Girard Wellbeing Facilitator, Unilever</p></div> <div><p>Misty Rallis Global Director, People Care, Kearney</p></div> <div><p>Geraldyn Giorgio Director, Change Management Global Services, Johnson & Johnson</p></div> <div><p>Erin Sweeney Partner, DLA Piper LLP</p></div> |
| 1500 EST | <p>Closing Keynote: 'If I Can' - in conversation with Chris Koch and Monika Misra</p> <div><p>Chris Koch Motivational Speaker</p></div> <div><p>Monika Misra Head of Employee Health and Wellbeing, Europe, GSK</p></div> |